

This menu has been created using our passion for comforting nutritious home cooked food. Expect seasonal produce from our on-site garden & live fire cooked dishes

### SMALL PLATES

Ideal as a light dish or sharing nibble whilst you wait for your main

| Selection of marinated olives & feta   gf                                  | 3.8 | Sticky Korean gochujang charcoal<br>grilled chicken wings   fresh chilli  | 10  |
|--|-----|---|-----|
| Charred hispi cabbage   miso & honey<br>butter sauce   blackened lime   gf | 9   | sesame   gf   |     |
| PAUS. grown mixed leaf salad   house<br>dressing   gf   vegan              | 5   | Smashed peas on toasted sourdough<br>fire roasted beetroot   balsamic glaze<br>salad   vegan   gf bread available | 9.5 |

### MAIN MENU

| Breaking bread   house hummus   butter   olive oil & balsamic dip<br>gf bread available   great for sharing  | 10   |
|--|------|
| Soup of the day   homemade focaccia   gf   vegan<br>gf bread available   | 9    |
| Oak smoked pulled pork burger   house BBQ sauce   fennel & cabbage slaw   milk bun<br>gf bun available   | 10   |
| Moroccan vegetable tagine   cous cous   olives   chickpeas   raisins   vegan<br>using a selection of seasonal PAUS. vegetables grown on site   gf option available | 14.5 |
| Traditional Hungarian beef goulash made using our family recipe   toasted sourdough<br>contains red wine   gf bread available                                      | 16   |

| PAUS. & NOURISH<br>Health focused dishes curated by our<br>Head Chef and Nutrition Coach Piers  |      | TACOS<br>All served on authentic soft corn tortill<br>3pcs  | a    |
|---|------|---|------|
| Fire roasted butternut squash   garlic &<br>lemon ricotta   braised butterbeans<br>cavolo nero   candied pumpkin seeds   gf                                 | 14.5 | BBQ chicken al pastor   charred<br>sweetcorn   tomatillo salsa   coriander<br>gf                  | 15.5 |
| Sott'olio asparagus, pea, tender stem<br>broccoli, mint & selection of PAUS.<br>garden greens   grilled chicken thigh<br>crumbled feta   charred lemon   gf | 15.5 | Fried plantain   black beans   Caribbean<br>green seasoning   pickled red onion<br>coriander   gf | 14   |

Service charge is not included.

If you have a food allergy or special dietary requirements, please inform a member of our team

when placing your order. Despite our every effort, we cannot promise a 100% allergen free environment and cannot guarantee

against cross contamination.

# PAUS.

| TEA  |             | COFFEE  |                                 |
|--|-------------|---|---------------------------------|
| english breakfast   earl grey<br>green   black chai   peppermint<br>red berry   fresh mint   | 2.5         | single espresso<br>double espresso   americano<br>cappuccino   flat white   latte   chai latte<br>hot choc   mocha   ice coffee   dirty chai<br>add caramel syrup         | 2.5<br>2.7<br>3.6<br>3.9<br>0.5 |
| SOFT DRINKS  |             | BOTTLED BEER  |                                 |
| Sparkling water   750ml  | 3.8         | Birra Moretti   330ml   | 4                               |
| Cambridge juice co   330ml   various   | 3.4         | Corona Cero   330ml   alcohol free  | 4.5                             |
| Breckland orchard   275ml   various  | 3           | PILSNER URQUELL ON TAP  |                                 |
|  |             | half pint   pint 3.2  | 25   6                          |
|  | W           | NE  |                                 |
| 125ml  |             | 250ml   bottle  |                                 |
| 6<br>FAMILLE PERRIN<br>ORGANIC   CÔTES-DU-RHONE   FRA  | 8.5<br>NICE | 11.85 35<br>DOMIN & KUŠICKÝ<br>  ORGANIC   SOUTH SLOVAKIA   |                                 |
| BLANC<br>honeysuckle   lime zest   white peach<br>ROSÉ<br>citrus fruits   fresh berries   floral notes<br>ROUGE<br>black pepper   violets   strawberries | 5           | TRAMINER<br>dry fruits   nutmeg   Alexandra's favourite<br>DOMINUS ROSÉ<br>wild strawberries   light & semi dry<br>PINOT NOIR<br>wild berries   dark cherries   chocolate |                                 |
|  | GIN & T     |   |                                 |

## GIN & TONIC single | double

| Gordons   Schweppes indian tonic 6                                 | 8   |
|--|-----|
| Hendrick's   mediterranean Fever-tree tonic7.5                     | 9.9 |
| Warner's Rhubarb gin   mediterranean Fever-tree tonic7.5           | 9.9 |
| Gordons Passionfruit gin   indian Fever-tree tonic7.5              | 9.9 |
| Seedlip Grove 42   indian Fever-tree tonic   orange   alcohol free | .50 |

| PROSECCO       |        | CHAMPAGNE                          |    |
|----------------|--------|------------------------------------|----|
| 125ml   bottle |        | bottle                             |    |
| Vino Spumante  | 6   35 | Moët & Chandon Impérial Brut 750ml | 85 |

#### RATHFINNY SUSSEX SPARKLING WINE

Family owned vineyard in Sussex committed to producing wine using sustainable methods that are kind to the land, people and environment

CLASSIC CUVÉE BRUT | 2018 | 750ml red apple skins | grapefruit | lemon meringue

ROSÉ BRUT | 2018 | 750ml clementine | raspberries | quince 48