

This menu has been created using our passion for comforting nutritious home cooked food. Expect seasonal produce from our on-site garden & live fire cooked dishes

### SMALL PLATES

Ideal as a light dish or sharing nibble whilst you wait for your main

Selection of marinated olives & feta   gf	3.8	Sticky Korean gochujang charcoal grilled chicken wings   fresh chilli	10
Charred hispi cabbage   miso & honey butter sauce   blackened lime   gf	9	sesame   gf	
PAUS. grown mixed leaf salad   house dressing   gf   vegan	5	Smashed peas on toasted sourdough fire roasted beetroot   balsamic glaze salad   vegan   gf bread available	9.5

### MAIN MENU

Breaking bread   house hummus   butter   olive oil & balsamic dip gf bread available   great for sharing	10
Soup of the day   homemade focaccia   gf   vegan gf bread available	9
Oak smoked pulled pork burger   house BBQ sauce   fennel & cabbage slaw   milk bun gf bun available	10
Moroccan vegetable tagine   cous cous   olives   chickpeas   raisins   vegan using a selection of seasonal PAUS. vegetables grown on site   gf option available	14.5
Traditional Hungarian beef goulash made using our family recipe   toasted sourdough contains red wine   gf bread available	16

PAUS. & NOURISH Health focused dishes curated by our Head Chef and Nutrition Coach Piers		TACOS All served on authentic soft corn tortill 3pcs	a
Fire roasted butternut squash   garlic & lemon ricotta   braised butterbeans cavolo nero   candied pumpkin seeds   gf	14.5	BBQ chicken al pastor   charred sweetcorn   tomatillo salsa   coriander gf	15.5
Sott'olio asparagus, pea, tender stem broccoli, mint & selection of PAUS. garden greens   grilled chicken thigh crumbled feta   charred lemon   gf	15.5	Fried plantain   black beans   Caribbean green seasoning   pickled red onion coriander   gf	14

Service charge is not included.

If you have a food allergy or special dietary requirements, please inform a member of our team

when placing your order. Despite our every effort, we cannot promise a 100% allergen free environment and cannot guarantee

against cross contamination.

# PAUS.

TEA		COFFEE	
english breakfast   earl grey green   black chai   peppermint red berry   fresh mint	2.5	single espresso double espresso   americano cappuccino   flat white   latte   chai latte hot choc   mocha   ice coffee   dirty chai add caramel syrup	2.5 2.7 3.6 3.9 0.5
SOFT DRINKS		BOTTLED BEER	
Sparkling water   750ml	3.8	Birra Moretti   330ml	4
Cambridge juice co   330ml   various	3.4	Corona Cero   330ml   alcohol free	4.5
Breckland orchard   275ml   various	3	PILSNER URQUELL ON TAP	
		half pint   pint 3.2	25   6
	W	NE	
125ml		250ml   bottle	
6 FAMILLE PERRIN ORGANIC   CÔTES-DU-RHONE   FRA	8.5 NICE	11.85 35 DOMIN & KUŠICKÝ   ORGANIC   SOUTH SLOVAKIA	
BLANC honeysuckle   lime zest   white peach ROSÉ citrus fruits   fresh berries   floral notes ROUGE black pepper   violets   strawberries	5	TRAMINER dry fruits   nutmeg   Alexandra's favourite DOMINUS ROSÉ wild strawberries   light & semi dry PINOT NOIR wild berries   dark cherries   chocolate	
	GIN & T		

## GIN & TONIC single | double

Gordons   Schweppes indian tonic 6	8
Hendrick's   mediterranean Fever-tree tonic7.5	9.9
Warner's Rhubarb gin   mediterranean Fever-tree tonic7.5	9.9
Gordons Passionfruit gin   indian Fever-tree tonic7.5	9.9
Seedlip Grove 42   indian Fever-tree tonic   orange   alcohol free	.50

PROSECCO		CHAMPAGNE	
125ml   bottle		bottle	
Vino Spumante	6   35	Moët & Chandon Impérial Brut 750ml	85

#### RATHFINNY SUSSEX SPARKLING WINE

Family owned vineyard in Sussex committed to producing wine using sustainable methods that are kind to the land, people and environment

CLASSIC CUVÉE BRUT | 2018 | 750ml red apple skins | grapefruit | lemon meringue

ROSÉ BRUT | 2018 | 750ml clementine | raspberries | quince 48